SMART SNACK PROGRAM - IVY HILL

If you'd like your child to be enrolled in the Smart Snack program, please fill out the permission slip below and send it back to your child's teacher.

Even if you have signed this form before, we will need a new one for the 2019-2020 school year.

Smart Snack rules are listed below. If you have any limitations specific to your child, please let Food Service know at ivyhillfoodservice@sd25.org.



SMART SNACKS

Upon request we offer a Smart Snack program at the elementary schools.

All Smart Snacks meet the following Nutritional Standards:

- Must be a "whole grain-rich" grain product, or
- . Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food, or
- Be a combination food that contains at least 1/4 cup of fruit and / or vegetable, or
- Contain 10% of the daily value (DV) of one of the nutrients of public health concern in the 2010 dietary guidelines for Americans (calcium, potassium, vitamin D, or dietary fiber).
- Less than 200 calories, 230 mg of sodium or less, less then 35% of calories from fat and less then 35% of weight from total sugar in food

All Smart Snacks Nutritional Labels are Located on our Food Service Website. Parents/students are responsible for monitoring purchases for possible allergies.

Payment for Snacks and Milk

With a signed permission slip a student may have milk and snacks debited from their lunch account. Accounts must have a positive balance to be used at the Smart Snack Station. Cash will also be accepted.

Smart Snacks Available:
Milk
Soy Milk
School Baked Chocolate Chip Cookie
Fresh Fruit/Vegetable of the Day
Low Fat Double Chocolate Muffin
Reduced Fat Cheetos
Juice Box
Goldfish Crackers (small bag)

Smart Snack Station Rules:

Limit 2 items. No Doubles of any item. No trading, sharing, or buying for friends. No bills larger than \$5.00.

Cut on dotted line and submit to your school office.

PERMISSION SLIP

Child's Name ______ Grade: _____ School:_____ (Please Print)

I give permission for my child to purchase Smart Snacks or milk and have money deducted from their lunch account. Check for approval.

_____ Milk Only _____ Snack and Milk

I understand that the account must contain money to purchase snacks. Snacks are not included in the free and reduced school lunch program.

Parent/Guardian signature: _____

SMART SNACK PRICE LIST

MILK	\$0.50
SILK VANILLA SOY MILK	\$1.00
JUICE BOX	\$0.50
CHOCOLATE CHIP COOKIE	\$0.40
DOUBLE CHOCOLATE LOW FAT MUFFIN	\$0.75
BAKED CHEETOS – REDUCED FAT	\$0.75
BAKED GOLDFISH CRACKERS	\$0.50
FRESH FRUIT/VEGETABLE OF THE DAY	\$0.75

