



Register now for the Just Move it! Challenge. The Arlington Heights Council of PTAs and the ABC/25 Foundation invite runners and walkers of ALL ages and abilities to participate in a 5K and 1 Mile Run/Walk that combines fitness and fun for the entire family!

When: Saturday April 16, 2016

Where: South Middle School

7:30 – 10 AM Health and Fitness Expo

8:00 AM 5K Run/Walk Start

9:00 AM 1 Mile Run/Walk Start

Registration, Volunteering, and Event Details: <http://www.jmichallengeah.org>

RUN, WALK, DONATE OR HELP! Just Move it!

Two participation awards will be given, one for elementary schools and one for middle schools. Last year Olive and South brought the trophies home to their schools, which schools will take them home this year? Show your school spirit on race day and wear your ***Ivy Hill School*** spirit wear!

Contact your school representative, Katie Rausch katier18@yahoo.com , **with questions or suggestions.**

*All proceeds go to the *Scholarship and Grant Fund*, benefiting the education of School District 25 students through PTA scholarships and the ABC/25 Foundation Grant selection.